



IN THE  
**WINGS**  
RESTAURANT



*If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen-free due to the potential of cross-contamination. A 10% discretionary service charge will be added to your bill. Prices include VAT. Kids stay and eat free means that children under the age of 13 years can enjoy breakfast free of charge. Lunch and dinner are also free when chosen from the kids' menu and the child is accompanied by at least one adult eating at least one main course. This offer applies to the hotel in which the child's family is staying.*

## STARTERS

### SOUP OF THE WEEK (V) 782 kcal

Toasted sourdough 7.00

### SALT AND PEPPER SQUID

#### "A LA PLANCHA" (Gf) 354 kcal

Shredded chilli, chives, lime 7.50

### PORK MEATBALLS "RAREBIT" 730 kcal

Crispy tortillas 7.50

### CHICKEN AND DUCK TERRINE (24) 535 kcal

Red onion chutney, grilled brioche 8.00

### KOREAN GLAZED PORK BELLY (Gf) 571 kcal

Crunchy lime kale slaw 8.00

### GRILLED AUBERGINE

#### AND TOFU (Ve) (Gf) 465 kcal

Five spice dressing, pickled vegetable, kale slaw salad 7.00

### CHINESE STYLE DUCK

#### LEG SALAD (Gf) (24) 674 kcal

Crispy bean sprout and vegetable salad,  
spiced cashew dressing 9.00

## MAIN PLATES

### SWEET POTATO AND

#### CHICKPEA CURRY (Ve) (24) 887 kcal

Steamed rice, naan bread 14.50

### STEAK FRITES 1362 kcal

Roasted Glenarm hanger steak, skinny fries, green  
salad, English mustard, parsley butter 15.50

### ULTIMATE FISH AND CHIPS 986 kcal

London Pride battered cod loin, skinny fries,  
crushed peas, tartare sauce 15.00

### FREE RANGE SUSSEX CHICKEN

#### BREAST SALTIMBOCCA (Gf) 1548 kcal

Locally cured ham and sage, pickled red onion  
chutney, slow cooked egg, shaved Parmesan 16.50

### ORIGINAL BURGER 1731 kcal

Salt aged 8oz burger, red onion relish, lettuce,  
tomato, Tickler cheese 16.00

### SIRLOIN STEAK (Gf option) 1670 kcal

Salt aged 8oz steak, rosemary salted fries, green  
salad, béarnaise or peppercorn sauce 25.00

### MAC 'N' CHEESE (V) 1279 kcal

Tickler cheddar, green salad, sourdough  
pangritata, crispy onions 12.00

Add - Crayfish tails 35 kcal | pork belly 184 kcal

grilled prawns 4.50 61 kcal 4.50

**Adults need around  
2000 kcal a day**

(V) Vegetarian (Ve) Vegan (24) are available 24 hours a day.  
(Gf) Gluten-free dishes are produced utilising non-gluten  
containing ingredients.

## PIZZA, PUCCIA AND FOCACCIA

All pizzas are hand-stretched Italian dough, enriched  
with olive oil and baked in our stone based oven for  
an authentic taste.

### ITALIAN (V) 1302 kcal

Tomato, garlic, basil, buffalo mozzarella 12.00

### JAMAICAN 1313 kcal

Jerk chicken, jalapeños, tomato salsa,  
coriander 14.00

### LONDON 1584 kcal

Cumberland sausage, smoked bacon, mushrooms,  
hens egg 14.00

### ASIAN 1578 kcal

Shredded duck, hoisin sauce, courgettes, black  
pepper, spring onion 14.50

### HOT PUCCIA GARLIC BREAD (V) 595 kcal

Garlic butter 4.50

### TOMATO AND HERB

#### FOCACCIA (V) 492 kcal

Pickled onion chutney 4.50

## SIDES

### GRILLED BROCCOLI AND

#### SEASONAL GREENS (Ve) (Gf) 202 kcal

Cooked in miso olive oil 5.00

### SLOW ROASTED GARLIC BUTTERED

#### NEW POTATOES (V) (Gf) 471 kcal 4.00

### THICK CUT CHIPS (Ve) (Gf) 338 kcal

With rosemary salt 3.50

### TRUFFLE AND PARMESAN (V) (Gf) 520 kcal

FRIES 4.50

### GREEN SALAD (Ve) (Gf) (24) 360 kcal

English pea, green beans and baby shoots salad,  
cashew 5.00

## DESSERTS

### CHOCOLATE AND HAZELNUT

#### TART (V) (24) 487 kcal

Vanilla ice cream 6.50

### HOT MORELLO CHERRY TART (V) (24) 391 kcal

English custard, sour cherries 7.50

### FRUTTI DE BOSCO TART (V) (24) 523 kcal

Raspberry sorbet, elderflower dressing 7.00

### RASPBERRY BANANA BREAD (V) (24) 524 kcal

Salted caramel, maple ice-cream 7.00

### SELECTION OF ICE-CREAM

#### & SORBETS (V) (Ve available) (24) 352 kcal 6.00

### BRITISH CHEESEBOARD (V) (24) 1066 kcal

Crackers, music bread, onion chutney, celery 9.50